

# BACK UP



Book  
4

**Dr. Ibrahim Nofal**

Language Review

**Kara A. Murphy**

  
**AL-RROWAD**  
www.alrowadpub.com

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**Dr. Ibrahim Nofal**

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**Kara A. Murphy**

  
**AL-ROWAD**  
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# 1

## Routines

### LESSON 1



- routine, active, before, after
- always, usually, often, sometimes, never.

#### A. Listen and read.

#### Laila's Daily Routine

Laila is an active girl. She always gets up early. She washes her hands and face before breakfast. She brushes her teeth after breakfast. She usually makes her bed before she goes to school. She often puts on her school uniform and gets ready for school at half-past seven in the morning. Sometimes after breakfast, she helps her little brother get ready for school. At eight o'clock, when the school bus comes, she says goodbye to her father and mother and goes to school. She is never late.



**B. Match the words and phrases, The first one is done for you.**

active



everyday

after



six times a week

always



always doing something

before



later than

usually



three times a week

sometimes



not even once

never



four times a week

often



earlier than



Mon	Tue	Wed	Thr	Fri	Sat	Sun
✓	✓	✓	✓	✓	✓	✓

Mon	Tue	Wed	Thr	Fri	Sat	Sun
✓		✓				



Mon	Tue	Wed	Thr	Fri	Sat	Sun
				✓	✓	✓

**C. Read the text in exercise A and answer the following questions.**

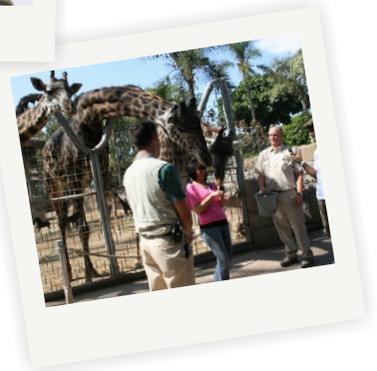
1. Is Laila an active girl?
2. Does she get up early or late?
3. Does she brush her teeth before or after breakfast?
4. Does she always make her bed?
5. What does she sometimes do?

**D. Form sentences using: always, usually, often, sometimes, never.**

**Then practice saying it with a partner.**

1. sleep in the classroom.
2. visit my grandfather on Saturday.
3. brush my teeth before going to bed.
4. play football after midnight.
5. have lunch at school.
6. go to the zoo.
7. make noise in the class.
8. arrive at school before six o'clock in the morning.
9. leave school after seven o'clock in the evening.

**Example: "I sometimes sleep in the classroom".**



**E. Listen to Sami talking about his daily routine. Tick the letter of the picture he mentions. Read the sentences to check your answers.**

1

I have a shower before breakfast.

I listen to music after doing my homework.



(a)



(b)

2

I help my father in the garden.

I wash my father's car.



(a)



(b)

3

I play table tennis with my friends.

I go to the library in the morning.



(a)



(b)

# READING AND WRITING

Remember!  
Verbs are  
written differently  
when using  
he, she, and it

## A. Read about Samia's mother's daily routine.

Use the words below to complete the sentences.

work, get up, help, go, finish, start, go, watch, read, cook, go.

My mother is a teacher. She usually \_\_\_\_\_ at six.

She always \_\_\_\_\_ work at eight o'clock and \_\_\_\_\_ at three in the afternoon. Then she \_\_\_\_\_ home and \_\_\_\_\_ dinner.

Sometimes she \_\_\_\_\_ shopping with my father in the afternoon.

She usually \_\_\_\_\_ the newspaper and \_\_\_\_\_ television before she \_\_\_\_\_ to bed.

Sometimes she \_\_\_\_\_ us do our homework.

My mother is always busy. She \_\_\_\_\_ hard all day.

## B. Write the following adverbs in order of frequency.

Sometimes, often, never, usually, always

never \_\_\_\_\_.

## C. Write five sentences about your daily routine.

1. \_\_\_\_\_.

2. \_\_\_\_\_.

3. \_\_\_\_\_.

4. \_\_\_\_\_.

5. \_\_\_\_\_.